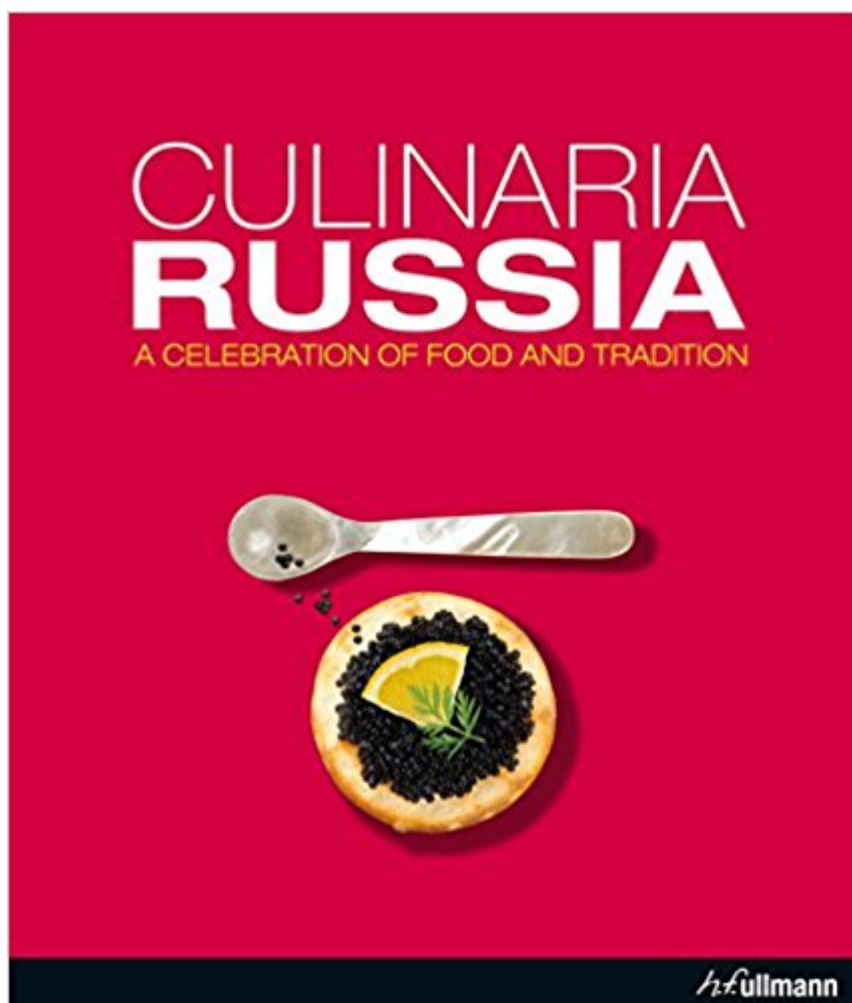




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Culinaria Russia: A Celebration Of Food And Tradition



Synopsis

Blini, caviar and borscht are familiar enough to many people, but what surprises might await us when we try ukha, khinkali, khachapuri, lahmadjo or plov? Russia, Caucasus, and eastern Europe offer a wealth of culinary delicacies that are hardly known to us, a myriad of foods and flavors fed by the most diverse influences and cultures at the intersection of Orient and Occident. The spectrum extends from traditional fish and meat specialties of the nomadic peoples in northern Russia to sweets with a touch of oriental flavor favored in Azerbaijan. This book explores the extraordinary breadth of this fascinating, multi-cultural, cuisine in informative texts written by selected experts with deep understanding of the countries, paired with impressive photography. In addition to providing background information about the various lands and the foods that are typical of each of them, readers will find a generous selection of authentic recipes that invite them to explore this new culinary terrain up close and personal, through cooking, eating, and enjoying.

Book Information

Hardcover: 372 pages

Publisher: H.F.Ullmann Publishing GmbH; Sew edition (June 1, 2015)

Language: English

ISBN-10: 3848002132

ISBN-13: 978-3848002139

Product Dimensions: 8.7 x 1 x 10.2 inches

Shipping Weight: 3 pounds (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars 3 customer reviews

Best Sellers Rank: #712,045 in Books (See Top 100 in Books) #45 in Books > Cookbooks, Food & Wine > Regional & International > European > Russian #118 in Books > Travel > Asia > Russia > General #897 in Books > Reference > Encyclopedias & Subject Guides > Cooking

Customer Reviews

Gregor M. Schmid studied Painting, Graphic Design, and Printing and is currently a freelance photographer based near Munich, Germany. While working on this book he logged some 80,000 km and 200 days of travel in five countries, at times under truly adventurous conditions.

Marion Trutter studied Communication in Munich, Germany. In this volume she has gathered the work of seven authors who masterfully convey their understanding of the countries and cultures at hand.

Liked book just wished it had bigger print.

As described

The font used in the text of the book is too small, while the original German Version has a bigger font, i.e. easier to read!

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